Use these resources for more information about diabetes, including treatment, blood sugar monitoring, and the importance of healthy living.

### National Organizations

- **American Diabetes Association**
  - www.diabetes.org  |  1-800-DIABETES (1-800-342-2383)

- **National Institute of Diabetes and Digestive and Kidney Diseases**
  - www.niddk.nih.gov

- **National Diabetes Education Program of the National Institutes of Health**
  - www.ndep.nih.gov  |  301-496-3583

- **Centers for Disease Control and Prevention (CDC)**

- **American Heart Association**
  - www.americanheart.org  |  1-800-AHA-USA1 (1-800-242-8721)

### Other Internet Resources

- www.1on1health.com†
- www.webmd.com

### Books about Diabetes


**Books by the ADA**

  - 101 Tips for Simplifying Diabetes
  - 101 Tips for Coping with Diabetes
  - 101 Medication Tips for People with Diabetes
  - 101 Nutrition Tips for People with Diabetes
  - 101 Tips for Improving Blood Sugar, 2nd Edition
  - 101 Foot Care Tips for People with Diabetes

*These organizations offer information on support groups and/or local resources.

† 1on1health is a Web site sponsored by GlaxoSmithKline.

Unless noted, the resources listed above are administered by independent third parties not affiliated with or endorsed by GlaxoSmithKline. GlaxoSmithKline is not responsible for the contents of these resources. All contents of these resources and all trademarks relating to them are the property of the respective third-party owners.

This material has been developed by GlaxoSmithKline.