Adding the following components to easily turn a sports exam into a complete Child and Teen Checkups Screening can lead to additional reimbursement by the health plans for your patients on Medical Assistance and MinnesotaCare.

- **Developmental Assessment including**
  - **Social Development** (school performance/attendance, ability to form/maintain peer relationships, team activities/social competence, family relationship, emotional stability, dating/sexual activity.)
  - **Motor Skills**

- **General nutrition assessment and counseling** (eating habits, intake of fruits, vegetables, dairy, etc. vs. junk food)

- **Labs**
  - **Hgb** (once during adolescence for menstruating females)
  - **Cholesterol, STD, TB** (as indicated)

- **Verbal Dental Referral** (for preventive dental care)

- **Hearing Exam** (Puretone audiometry results at a minimum must be performed at ages 14 years and 18 years and whenever there are concerns. If child had the puretone audiometry screening at age 14 years, and if there are no concerns, a subjective test can be done age 16 years.)

<table>
<thead>
<tr>
<th>Right Ear</th>
<th>Left Ear</th>
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<tbody>
<tr>
<td>500</td>
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<td>4000</td>
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</tbody>
</table>

- **Normal**
- **Abnormal**
- **Question validity/retest**

- **Comments**
- **Staff initials**

Though not required by the C&TC program, the following HEDIS* requirement is recommended:

- **For children younger than 16 years**  **BMI percentile** _______  **Height** _______  **Weight** _______

- **For children 16 years and older**  **BMI value or percentile** _______  **Height** _______  **Weight** _______

* Healthcare Effectiveness Data and Information Set (HEDIS) is a tool used by more than 90 percent of America's health plans to measure performance on important dimensions of care and service.

**REFERRALS**

________________________________________________________________________
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________________________________________________________________________

**Student Name** ____________________________  **Birth Date** _______________