

We know that caregiving can be challenging and we are here to help!

If you know a member who would benefit from PrimeWest Health's Caregiver Support Program, please complete the *Caregiver Support Program Referral Form* and return it via secure email to caremanagement@primewest.org or via fax to 1-320-762-5967.



You can also call the Provider Contact Center at 1-866-431-0802 (toll free) and ask for information about the Caregiver Support Program.



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primewest.org



Caregiver Support Program

For Members with Alzheimer's Disease or Related Dementias and Their Caregivers

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PrimeWest Health is pleased to introduce our Caregiver Support Program for members who have any of the following conditions:

- Alzheimer's disease
- Dementia
- Mild cognitive impairment
- Any related dementia

The Caregiver Support Program is designed for PrimeWest Senior Health Complete and Prime Health Complete members with Alzheimer's disease or related dementias and their caregivers. This program is available at no cost.

The goal of the Caregiver Support Program is to provide caregivers with the support, coaching, education, and resources they need to confidently provide care. Participation in the program gives caregivers access to the following:

- ✓ Support from nurse care coordinators or a community health worker
- ✓ Individualized coaching and education for members and caregivers
- ✓ Resources tailored to the needs of the member and their caregiver
- ✓ A free binder to help organize important information

Both the member and caregiver can benefit from the following:

- ✓ Transportation support
- ✓ Finding resources or services
- ✓ Coping with progressive symptoms
- ✓ Caregiver support
- ✓ Food and nutrition education
- ✓ Caregiver self-care
- ✓ Improving communication
- ✓ Home safety education

