

PrimeWest Health Advance Directives Quiz with/answers

1. What is an Advance Directive?

Answer:

It is a written document that informs others of your wishes about your health care. It allows you to name a person (“agent”) to decide for you if you are unable to decide. It also allows you to name an agent if you want someone else to decide for you.

2. An Advance Directive does not take into consideration cultural and religious beliefs.

FALSE

3. PrimeWest Health must provide information to its members or legal guardians at the time of enrollment.

TRUE

4. PrimeWest Health can refuse treatment if the member does not execute an Advance Directive.

FALSE

5. List 3 reasons why an Advance Directive is important:

Answer:

- a. An individual has the right to make decisions about his/her own treatment
- b. It protects the person’s wishes if he/she becomes unable to make choices
- c. Complex choices about end-of-life care are difficult
- d. These choices can be overwhelming if a person suffers a serious illness or injury and can place a heavy burden on loved ones
- e. Communicating end-of-life wishes will ensure a person is able to end life how he/she wishes and with dignity
- f. Provides a base of discussion with family and primary care providers

6. List 2 limits to an Advance Directive:

Answer:

- a. The individual and his/her agent must both be at least 18 years of age
- b. An agent cannot be the member’s health care provider unless he/she is a family member or the member gives other reasons for requesting that person
- c. An Advance Directive cannot request assisted suicide
- d. An Advance Directive cannot request unreasonable health care treatments

7. How long will an Advance Directive last?

Answer:

- a. Until the person writes a statement that says he/she wants to revoke or change the document
- b. Until the person destroys the document
- c. Until the person informs at least 2 people that he/she wants to cancel the Advance Directive
- d. Until a new Advance Directive is written

8. List 2 places an Advance Directive can be accessed.

Answer:

Minnesota Board of Aging via the Internet at <http://mnaging.org>
Senior Linkage Line at 1-800-333-2433 (toll free)
Health care provider

9. What can a member do if a health care provider refuses to follow his/her Advance Directive?

Answer:

If the provider cannot follow your directions about life-sustaining treatment, the provider must inform you or your agent. The provider must also document the notice in your medical record. The provider must allow you or your agent to arrange to transfer you to another provider who will follow your directions. If you have concerns because you believe that a health care provider is not following or has not followed the Advance Directive requirements, you may file a complaint with the Office of Health Facility Complaints at 1-800-369-7994 (toll free).

10. What can a member do if he/she believes a health plan has not followed Advance Directive requirements?

Answer:

A complaint of this type can be filed with the Minnesota Health Information Clearinghouse at 1-800-657-3793 (toll free).