

Medication Therapy Management

Medication Therapy Management (MTM) is a service that allows people taking multiple drugs to meet one-on-one with a pharmacist. PrimeWest Health offers this service at no cost to members who qualify.

The MTM pharmacist will look at all of the medicines you take. This includes prescriptions, as well as over-the-counter and herbal medicines. The pharmacist will check to see if everything is safe to take together. You will learn the proper name and use for each drug you take. You may discover new ways to take your drugs so they are safer and will work better. If you are having problems with your medication, he/she may make a plan for you to take home and follow. The plan will help you get better results when taking your medicines. If the pharmacist finds any problems, he/she will notify your health care provider.

Your pharmacist may also have ideas about how to reduce the number of drugs you take daily, which could save you money and lower your risk for drug interactions. You will have a chance to ask questions with no distractions or long waits.

Although there are qualified MTM providers in most PrimeWest Health counties, not all pharmacists can provide this service. It requires special training that teaches them how to look at your overall health care needs.

If you think that MTM could help you, ask your local pharmacist if you qualify. You must meet the following criteria:

- Have two or more chronic conditions, such as diabetes, high blood pressure, heart failure, depression, osteoporosis, COPD/asthma, or high cholesterol
- Take four or more drugs to control these conditions
- Be enrolled in PrimeWest Health Prepaid Medical Assistance Program (PMAP), MinnesotaCare, Minnesota Senior Care Plus (MSC+), or Special Needs BasicCare (SNBC)

If you want to learn more about MTM, call Member Services at **1-866-431-0801** (toll free). Our staff will help you decide if you qualify for the program and who in your area can provide this service.

This information is available in other forms to people with disabilities by calling:

TOLL FREE

Member Services: 1-866-431-0801

TOLL FREE MINNESOTA RELAY

TTY, Voice, ASCII, or Hearing Carry Over: 1-800-627-3529 or 711

TOLL FREE SPEECH-TO-SPEECH RELAY SERVICE

1-877-627-3848

Member Services

1-866-431-0801

Attention. If you want free help translating this information, call the above number.

Atención. Si desea recibir asistencia gratuita para traducir esta información, llame al número que aparece más arriba.

Ogow. Haddii aad dooneyso in lagaa kaalmeeyo tarjama dda macluumaadkani oo lacag la'aan ah, wac lambarka kore.

ملاحظة: إذا أردت مساعدة مجانية في ترجمة هذه المعلومات، فاتصل على الرقم الموجود أعلاه.

កំណត់សំគាល់ បើអ្នកចង់បានជំនួយបកប្រែព័ត៌មាននេះដោយមិនគិតថ្លៃ សូមទូរស័ព្ទ ទៅលេខនៅខាងលើ។

Pažnja. Ako vam je potrebna besplatna pomoć za prevod ove informacije, nazovite gornji broj.

Ceeb toom. Yog koj xav tau kev pab txhais cov xov no dawb, thov hu rau tus xov tooj saud.

ໂປຼດຊາບ. ຖ້າຫາກທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປ ຂໍ້ຄວາມດັ່ງກ່າວນີ້ພຣີ, ຈົ່ງ ໂທສຕາມເລກໂທສທີ່ຢູ່ຂ້າງເທິງນີ້.

Hubaddhu. Yoo akka odeeffannoon kun sii hiikamu gargaarsa tolaa feeta ta'e, lakkoofsa armaa olii bilbili.

Внимание. Если вам нужна бесплатная помощь в переводе этой информации, позвоните по указанному выше телефону.

Chú Ý. Nếu quý vị cần dịch thông tin này miễn phí, xin gọi số nêu trên.

PrimeWest Health will enroll all eligible people who select or are assigned to PrimeWest Health without regard to physical or mental condition, health status, need for health care services, claims experience, medical history, genetic information, disability, marital status, age, gender, sexual orientation, national origin, race, ethnicity, color, religion, political beliefs, or geographic location. PrimeWest Health will not use any policy or practice that discriminates based on such.

American Indians can continue or begin to use tribal and Indian Health Service (IHS) clinics. We will not require prior approval or impose any conditions for you to get services at these clinics. For enrollees age 65 years and older, this includes Elderly Waiver (EW) services accessed through the tribe. If a doctor or other provider in a tribal or IHS clinic refers you to a provider in our network, we will not require you to see your primary care provider prior to the referral.