

Medication Therapy Management (MTM) program for Part D eligible members of PrimeWest Senior Health Complete (HMO) and Prime Health Complete (HMO)

Medication Therapy Management (MTM) is a program PrimeWest Health offers to qualified members at no cost. The program allows members to talk with a licensed nurse or pharmacist about medications. This helps members get the most from their medications and reduces the risk of adverse events.

You are eligible to take part in the MTM program if you meet the following three criteria:

1. You have three or more chronic diseases
2. You use six or more prescriptions
3. The cost of your medications is more than \$3,000/year. This cost is the total of what PrimeWest Health, Medicare, and you pay for your medicine.

Chronic diseases that are included in the MTM program are as follows:

- Asthma/COPD
- Depression
- Diabetes
- High Blood Pressure (Hypertension)
- Heart Failure
- High Cholesterol (Hyperlipidemia)
- Osteoarthritis
- Osteoporosis

MTM nurses and pharmacists can answer questions about your medications, both prescription and over-the-counter. An MTM nurse or pharmacist can offer the following:

- A review of your medications (to assess risk of unfavorable drug interactions)
- Educational materials about your diseases
- Help understanding how your medications work
- Education on side effects from medications

It is easy to get started. If you meet the eligibility criteria, you will be invited to take part in the program. You will also get a survey, which you should complete and return. Or, you can call Member Services at **1-800-366-2906** (toll free) to talk to someone about the MTM program. We hope you will take advantage of this valuable service.

This information is available in other forms to people with disabilities by calling PrimeWest Health at the numbers below.

TOLL FREE

Member Services: 1-800-366-2906

TOLL FREE MINNESOTA RELAY

TTY, Voice, ASCII, or Hearing Carry Over: 1-800-627-3529 or 711

TOLL FREE SPEECH-TO-SPEECH RELAY SERVICE

1-877-627-3848

Member Services

1-800-366-2906

Attention. If you want free help translating this information, call the above number.

Atención. Si desea recibir asistencia gratuita para traducir esta información, llame al número que aparece más arriba.

Ogow. Haddii aad dooneyso in lagaa kaalmeeyo tarjama dda macluumaadkani oo lacag la'aan ah, wac lambarka kore.

ملاحظة: إذا أردت مساعدة مجانية في ترجمة هذه المعلومات، فاتصل على الرقم الموجود أعلاه.

កំណត់សំគាល់ បើអ្នកចង់បានជំនួយបកប្រែព័ត៌មាននេះដោយមិនគិតថ្លៃ សូមទូរស័ព្ទ ទៅលេខនៅខាងលើ។

Pažnja. Ako vam je potrebna besplatna pomoć za prevod ove informacije, nazovite gornji broj.

Ceeb toom. Yog koj xav tau kev pab txhais cov xov no dawb, thov hu rau tus xov tooj saud.

ໂປຼດຊາບ. ຖ້າຫາກທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປຂໍ້ຄວາມດັ່ງກ່າວນີ້ຟຣີ, ຈົ່ງໂທຕາມເລກໂທທີ່ຢູ່ຂ້າງເທິງນີ້.

Hubaddhu. Yoo akka odeeffannoon kun sii hiikamu gargaarsa tolaa feeta ta'e, lakkoofsa armaa olii bilbili.

Внимание. Если вам нужна бесплатная помощь в переводе этой информации, позвоните по указанному выше телефону.

Chú Ý. Nếu quý vị cần dịch thông tin này miễn phí, xin gọi số nêu trên.

PrimeWest Health will accept all eligible people who choose or are assigned to PrimeWest Health. PrimeWest Health will not discriminate in regard to your physical or mental condition, health status, need for health services, marital status, age, sex, sexual orientation, national origin, race, color, religion, or political beliefs.

American Indians can continue or begin to use tribal and Indian Health Service (IHS) clinics. We will not require prior approval or impose any conditions for you to get services at these clinics. If a health care provider in a tribal or IHS clinic refers you to a provider in our network, we will not require you to see your Plan network primary care provider prior to the referral.